



## **PLAYER & PARENT CODE OF CONDUCT**

Please read, sign at the end and return to your coach.

1. I will respect myself, teammates, coaches, opponents, officials, spectators, equipment, facility, the rules of the game and the club at all times and will be a positive role model of good sportsmanship and recognize that character counts in my words and actions.
2. I will do my best to make sure the focus of my participation is on fun for all participants rather than winning and losing by making only positive and encouraging comments to players on all teams and to cheer for all players, teammates and great plays. Additionally I will keep all practices, tournaments and this season in proper perspective at all times and I recognize and understand the valuable lessons sports can teach that carry over into all aspects of life including physical, social, cognitive, and psychological growth and development.
3. **PLAYER'S ROLE:** I will play for the fun of it, will show up for every practice and game on time, will work equally hard for the team as for myself, will always give nothing less than my best effort, will positively encourage all my teammates and will continue to strive to improve and learn. Additionally I understand that my role as a player is to play the game and will not let mistakes, or fear of making mistakes, stop me, for mistakes are an inevitable part of the game, and life, and people learn from their mistakes. I further understand that all children are born with different abilities and that the true measure is not how I compare to others but how I am doing in comparison to my best self/effort.
4. **PARENT'S ROLE:** I will remember that the goals of my child's participation in this program is to have fun, I will be supportive, I will not take the game too seriously as the game is for the children and will place the emotional and physical well-being of the children above any personal desire to win. I will not make negative comments about the game, coaches, referees or teammates in my child's presence for divided loyalties do not make it easy for a child to do their best. I understand that this plants a seed, which can negatively influence my child's motivation and overall experience. Instead I will schedule a meeting with any individual to discuss my concerns in private. Additionally I understand that my role as a parent and spectator is to cheer for my child, their teammates and great plays and will not add confusion by yelling out instructions and will not interfere or coach from the stands.
5. I will help maintain a sports environment free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.

**I agree to honor the Player & Parent Code of Conduct in my words and actions and understand that any violations may range from a verbal warning to expulsion from the South Valley Volleyball Program.**

X \_\_\_\_\_  
PARTICIPANT SIGNATURE

X \_\_\_\_\_  
DATE SIGNED

X \_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE



## **PLAYER AGREEMENT**

1. I will always try my best to be a team player. I will support my teammates and never criticize, tease, hassle or gossip about them. I will be loyal to my teammates, coaches and the South Valley Volleyball program.
2. I will try to remember at all times that volleyball is a game that is meant to be fun. I will try to be enthusiastic and have a positive attitude at all times.
3. I will work hard to improve my volleyball skills during South Valley Volleyball practices and clinics. I will put in extra hours of practice on my own.
4. I will treat my coaches and teammates with respect. I will listen to them and try my best to do what they ask of me.
5. I understand that playing time in games is at the sole discretion of the coaches -- it is not guaranteed. I will try my best to keep a positive attitude and be an enthusiastic team member whether I play a lot or very little.
6. I will treat opposing players, coaches, referees and tournament officials with courtesy and respect. I will be a humble winner and gracious loser.
7. I will remember that while on the volleyball court during practices, clinics and games, I will take direction only from my coaches and no one else, including my parents.
8. I know that attending practice is a requirement of the South Valley Volleyball program and that I should attend all practices if possible. I understand that not attending practices may decrease my playing time and that excessive absences will be cause for being removed from the team without refund of fees.
9. I will try to remember that when a coach criticizes my play, the coach is not criticizing me personally but trying to teach me how to be a better player and team member by pointing out an area that I can improve on.
10. I will remember at all times that our team and the South Valley Volleyball program will be judged by how my teammates and I conduct ourselves on and off the court.
11. I will take each practice seriously. I will arrive on time and try as hard as I can to improve. I will ask questions whenever I do not understand what the coach is saying and understand that when a coach critiques me they are only addressing my game, not me personally, so that I may improve that weakness to make myself a better player.

**I agree to honor the Player Code of Conduct in my words and actions and understand that any violations may range from a verbal warning to expulsion from the South Valley Volleyball Program.**

X \_\_\_\_\_  
PRINT PLAYER'S NAME

X \_\_\_\_\_  
DATE SIGNED

X \_\_\_\_\_  
PLAYERS'S SIGNATURE



## **PARENT AGREEMENT**

1. I will ensure that our daughter understands her responsibilities as a player in the South Valley Volleyball program and we will encourage her to meet her responsibilities.
2. I will treat all players, coaches, opponents and program officials with courtesy and respect. I will respect the integrity and effort of referees and tournament officials. I appreciate that our conduct as parents will affect the reputation of the South Valley Volleyball program.
3. I will cheer positively and enthusiastically for all South Valley Volleyball players. I will not criticize any South Valley Volleyball player or opponents.
4. I will respect the role of the South Valley Volleyball coaches during practices and games as the only persons to provide volleyball instruction to our daughter and her teammates. I will not provide such instruction, no matter how tempting it may be.
5. I will remember that, as parents, our role is to be positive and supportive of our daughter's emotional well being and appreciative of the tremendous effort it takes for her to be part of the South Valley Volleyball club volleyball program. I recognize it is not our role to criticize our daughter's volleyball performance.
6. I will not embarrass our daughter by disciplining or criticizing her in front of her teammates.
7. I will raise any issues we have with South Valley Volleyball coaches directly with the coaches in private by making an appointment in advance.
8. I will make sure our daughter arrives at practice on time. If our daughter is unable to attend practice, we will have our daughter call the coach in advance.
9. I recognize that our daughter's regular attendance at practice is a requirement of the South Valley Volleyball program and we will make sure she satisfies this requirement. I recognize that by our daughter not attending practices may decrease her playing time and that excessive absences will be cause for being removed from the team without refund of fees.
10. I will pay our daughter's dues on time, based on our option plan. I recognize the dues are not sufficient to fund the entire program and understand that I may be required to volunteer our time and participate in fundraising programs.
11. I recognize that the South Valley Volleyball traveling teams are competitive club teams and that, unlike recreational basketball leagues, playing time is not guaranteed.

**I agree to honor the Parent Code of Conduct in my words and actions and understand that any violations may range from a verbal warning to expulsion from the South Valley Volleyball Program.**

X _____ PRINT MOTHER'S NAME	X _____ DATE SIGNED	X _____ MOTHER SIGNATURE
X _____ PRINT FATHER'S NAME	X _____ DATE SIGNED	X _____ FATHER SIGNATURE